

मध्यप्रदेश विधान सभा
(चतुर्दश)

Madhya Pradesh Legislative Assembly
(Fourteenth)



छात्रों द्वारा मानसिक तनाव के कारण आत्महत्या किये जाने
संबंधी सामाजिक समस्या के समाधान हेतु गठित समिति का
प्रतिवेदन

**A REPORT
OF THE COMMITTEE CONSTITUTED TO FIND THE
SOLUTION OF SOCIAL EVIL OF SUICIDES COMMITTING BY
THE STUDENTS ARISING OUT OF MENTAL TENSION IN
MADHYA PRADESH**

(दिनांक 24 मार्च, 2017 को विधान सभा में प्रस्तुत)

(Submitted to the Legislative Assembly on 24th March, 2017)

पौधा अपनी प्रकृति का विकास आप ही कर लेता है।
बस ऐसा ही बालक की शिक्षा के बारे में है।
बालक स्वयं अपने आपको शिक्षित करता है।
समस्त ज्ञान मनुष्य के अंतर में अवस्थित है,
उसे केवल जागृति, केवल प्रबोधन की आवश्यकता है,
यही शिक्षक का कार्य है।
हमें बालकों के लिए वही करना है कि वे अपने हाथ,
पैर, कान और आँखों के उचित उपयोग
के लिए बुद्धि का प्रयोग करना सीखें।
वह शिक्षा जो जनसमुदाय को जीवन संग्राम के उपयुक्त
नहीं बनाती,
जो उनकी चारित्रिक शक्ति का विकास नहीं करती, जो
उनमें भूत-दया का भाव और सिंह का साहस पैदा नहीं
करती, क्या हम उसे भी शिक्षा का नाम दे सकते हैं ?
हमें तो ऐसी शिक्षा चाहिए जिससे चरित्र बने, मानसिक
बल बढ़े, बुद्धि का विकास हो और
जिससे मनुष्य अपने पैरों पर खड़ा हो सके।

— स्वामी विवेकानंद

मध्यप्रदेश विधान सभा
(चतुर्दश)

**MADHYA PRADESH LEGISLATIVE ASSEMBLY
(FOURTEENTH)**



छात्रों द्वारा मानसिक तनाव के कारण आत्महत्या किये जाने
संबंधी सामाजिक समस्या के समाधान हेतु गठित समिति का
प्रतिवेदन

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BY THE STUDENTS ARISING OUT OF MENTAL TENSION IN
MADHYA PRADESH***

(दिनांक 24 मार्च, 2017 को विधान सभा में प्रस्तुत)

(SUBMITTED TO THE LEGISLATIVE ASSEMBLY ON 24th MARCH, 2017)

(One)

CONTENTS

NO. 1	SUBJECT 2	PAGE NO. 3
1	Constitution of The Committee	Two
2	Foreword	Three
3	Action taken by the Committee	1-4
4	Reasons for Suicide	5-14
5	Suggestions to prevent suicides	15-25
6	Conclusion	26-31

ANNEXURE

1. Details in brief of the informations received from the Education Department	35-46
2. Details in brief of the informations received from Home / Police Department	47-52
3. Details in brief of the informations received from the experts/ Public-	53-62
(a) Intellectuals giving written suggestions to the committee.	57-61
(b) Intellectuals appearing before the committee to give suggestions.	62
4. Details in brief of the informations received from the Print and Electronic media.	63-65
Intellectuals of Print and Electronic media appearing before the committee to give suggestions.	
5. Detail in brief based on Kota (Rajasthan) visit	66-68

(Two)

***A COMMITTEE CONSTITUTED TO FIND THE SOLUTION OF
SOCIAL EVIL OF SUICIDES COMMITTING BY THE STUDENTS
ARISING OUT OF MENTAL TENSION IN MADHYA PRADESH***

(Constituted on 11 March, 2016)

Chairman:

Smt. Archana Chitnis

Members:

1. Shri Bala Bachchan
2. Shri Mahendra Singh Kalukheda
3. Shri Ramnivas Rawat
4. Shri Kedarnath Shukla
5. Shri Mukesh Nayak
6. Shri Vishwas Sarang
7. Shri Shalendra Jain
8. Shri Thakurdas Nagwanshi
9. Shri Pushpendranath Pathak
10. Smt. Sheela Tyagee

Ex-Officio Member:

- | | |
|-------------------------------|---------------------------------------|
| 1. Shri Umashankar Gupta , | Then Minister, Higher Education |
| 2. Shri Jaibhan Singh Pavaiya | Minister, Higher Education |
| 3. Shri Deepak Joshi | Minister of State
School Education |

Ex-Officio Secretary:

- | | |
|---------------------------|--------------------------------------|
| 1. Shri Bhagwandev Israni | Ex-Principal Secretary, Vidhan Sabha |
| 2. Shri A.P. Singh | Principal Secretary, Vidhan Sabha |

Vidhan Sabha Secretariat:

- | | |
|----------------------------|-----------------------------|
| 1. Shri Puneet Shrivastava | Director |
| 2. Shri Ramesh Mahajan | Under Secretary |
| 3. Shri Anwaruddin Qazi | Assistant Reference Officer |

Academic Participation :

- | | |
|---------------------------|---------------------|
| 1. Dr. Sunil Kumar Singh | Assistant Professor |
| 2. Ms. Nivedita Khandekar | Advisor |

(Three)

FOREWORD

I Archana Chitnis, the Chairman of the committee constituted to consider the measures to prevent the tendency of committing suicide by the students in the State of Madhya Pradesh, on being authorised by the committee, hereby submit the report of the committee.

During the discussion on the attention motion no. 227 and 251 in respect of suicide committed by the students on 4th March, 2016, Hon'ble the Speaker of the Madhya Pradesh Legislative Assembly, has constituted a committee on 11 March, 2016 to consider the suggestions to prevent tendency of committing suicide by the students in the light of request made by the leader of the House, Hon'ble the Chief Minister and the consensus expressed by the House on 11th March, 2016. Committee had invited suggestions by the people through advertisement in various newspapers and email as well as by inviting officers of different departments, intellectuals, Journalists etc. before the committee and received their valuable suggestions regarding root cause of the said problem and its prevention.

Committee has considered different aspects of the problem in the light of informations received in its meetings respectively held on 18.3.2016, 31.03.2016, 20.05.2016, 30.05.2016, 06.06.2016, 07.06.2016, 09.06.2016, 20.06.2016, 27.06.2016 and 07.09.2016.

The committee has considered the draft report on 06.12.2016, 09.12.2016 & 16.02.2017 and accepted the report on 03rd March, 2017 and authorised me to submit it in the House.

I would certainly like to mention the contribution given by its members in discharge of this important liability of the committee, members had not only participated in all meetings but they delivered their valuable and useful suggestions also. Role of members has been extremely important to the committee in deciding the direction of its functioning.

I express my gratitude to all the members of the committee. I thank to all persons and institutions, who gave their written and oral suggestions to the committee to abolish the said problem. I also thank to the past and existing Principal Secretary of the Vidhan Sabha Secretariat and its officers and employees as well as all officers of the Government for their co-operation to the committee.

Sd./
Smt. Archana Chitnis
Chairman
Adhoc (Temporary) Committee

Action taken by the Committee

A committee of the State Legislative Assembly was constituted on 11th March, 2016 to find the solution of social evil of suicides committing by the students arising out of mental tension. Committee held its first meeting on 15th March, 2016 in which formal discussions were made in relation to the action plan of the committee.

Thereafter its meetings were respectively held on 31st March, 20th May, 30th May, 6, 7, 9, 20 and 27th June 2016, 7th September, 2016, 06 and 09 December, 2016, 16 February, 2017 and 03 March, 2017.

Committee has decided on 31st March, 2016 to invite suggestions on the matter in question from experts and common people by publishing advertisement in newspapers, in this connection advertisements were published in different Hindi and English newspapers of the national and State Level.

Suggestions were received by the committee from 118 persons (Annexure-3a) these suggestions were discussed in the meeting of the committee held on 20 May 2016 and it was also decided to call all persons willing to furnish their suggestions in person, in the next meeting of the committee scheduled to be held on 30 May, 2016

In the meeting held on 30 May, 2016 all invited experts, educationist, psychiatrics, self help institutions and intellectuals appeared before the committee and furnished their respective suggestions to the committee. (Annexure-3b)

Committee has taken in to consideration the suggestions received in the meeting of the committee held on 6 June, 2016.

Committee has required recent 5 years data from Home (Police) Department regarding suicide cases and sent a questionnaire to School Education, Higher Education and Technical Education and Skill Development Department seeking relevant information therefrom.

Thereafter, in a separate meeting committee has consulted higher authorities of School Education, Higher Education and Technical Education and Skill Development Department on different issues and directed them to furnish some additional informations on certain issues Shri S. R. Mohanti, Additional Chief Secretary and Mrs. Dipti Gaur Mukherji, Commissioner, Rajya Shiksha Kendra from School Education Department, Mrs. Kalpana Shrivastava, Principal Secretary and Shri Ashish Dongre,

Director, Directorate Technical Education and skill development, Shri Ashish Upadhyay, Principal Secretary and Shri Umakant Umrao, Commissioner, Higher Education Department attended the meeting.

During discussion, Additional Chief Secretary Shri S. R. Mohanti awared the committee that School education department has discussed the officers of Health Department, Higher Education Department and Women and Child Development Department by holding meeting as well as subject experts were also consulted in view of the purpose of the committee of Legislative Assembly.

It is told by the School Education Department that calender is prepared for academic, cultural and sports activities and Bal Sabha is scheduled on each saturday of the week. This year three special Bal Sabhas are included in the calender. Sports and Youth welfare Departments were functioning seperately to motivate sports previously, a joint action plan is prepared for them to perform their functions jointly. It is also stated that policy for recruitment and filling vacancies of teachers is in progress. It was told by the Department that our children can compete on the equal level of other states if NCERT pattern is adopted.

Technical Education Department told the committee that in order to ensure quality and interests of students, some points have been identified. Initiatives have been taken in the interest of students and to prevent racking, sexual harassment and increasing tendency of taking drugs. In addition to this department is going to take another initiative by constituting a group of representatives to coordinate between Technical Education, Higher Education and other Institutions related to education.

Department has an independent section of skill development which is providing placements also. Steps also being taken to ensure attendance of students so that their parents may be informed about it. A system is also working to guide the students leaving school after completing education for their future studies.

Committee held a meeting with the higher officials of police Department on 9th June, 2016 and different issues were discussed in it. Suggestions and informations were required to be submitted before the committee. Shri B. P. Singh, Additional Chief Secretary and Mrs Reena Mitra, in-charge

D.G.P. attended the meeting. They were made aware that –

It is the general duty of police in suicide cases to see that whether the cognizable offence has been committed or not, but on account of similar causes it becomes difficult to find the root cause of the incidents. It is observed that in general, love affairs, depression and failure in career are the main reasons behind committing suicides by the students. (Annexure-2)

Committee has also visited Kota (Rajasthan) on 14-15 June, 2016 to make study of various coaching institutes, hostels and directors of coaching institutes, parents and other related persons and had discussion on the matter in question. Committee also gathered the information regarding facilities being provided by the coaching institutes to the students. Committee also discussed District Administration in this connection. Committee was informed about the Yoga classes , Psychiatric counseling and weekly rest in the coaching institutes.

After kota visit committee reached to the conclusion that in most cases the reasons responsible for committing suicide by the students are failure in examination, love affairs, high expectations of parents to obtain higher rank in examination by taking such subjects which they don't want to take while their parents wish. (Annexure-5)

Committee has decided in its meeting on 20th June, 2016 to call information from big cities of the State regarding coaching institutes situated there. Accordingly letter and questionnaire were sent to General Administration Department and Collectors and Superintendent of Police of concerned districts on 28th June, 2016 and information were received from Bhopal, Gwalior, Indore and Jabalpur districts..

On 27th June, 2016, 12 Journalists from electronic and print media gave their suggestions to prevent suicide being committed by students (Annexure-4)

Analysing the information and facts received as above, discussions were made by the committee to prepare the draft report in the meetings held on 7th Sept, 2016, 06 and 09 December, 2016, 16 Feb, 2017 and 03rd March, 2017 and accepted the report on 03rd March, 2017.

Committee has considered all the suggestions and facts received through advertisements published in various news papers, information received from departments, suggestions received from departmental officers, intellectuals and journalists who appeared before the committee and the informations received during Kota (Rajasthan) visit.

Committee has tried in efficient manner to find out the reasons responsible for the incidents on the ground received on the family, social, financial, educational, departmental and Government level.

This report contains reasons responsible for the incidents of suicides being committed by the students in the first part and suggestions to prevent the said incidents in the second part.

Sd/-

Smt. Archana Chitnis
Chairman
Adhoc (Temporary) Committee

REASONS FOR SUICIDE

Increasing tendency of committing suicide in the students is a subject of social anxiety. It is really alarming the gradual increasment in the incidents of suicide in the students during recent years. No single reason can be held responsible for these incidents, some reasons may be common in different cases. Therefore on the basis of number of cases being carried by the different factors, efforts may be made to solve the problem.

Ordinarily reasons responsible for such incidents can be categorised as personal, family, educational, social, Government/policy matter and financial.

1. PERSONAL REASONS

On account of different circumstances/reasons or not finding himself/herself analogous to the needs of present time as well as apprehension towards success and achieving the goal ultimately causes inferiority complex, helplessness and disappointment among the students, which converts in depression and a result of such depression incidents like suicide by the students takes place.

Following may be the reasons or factors, -

- 1.1 Sentiments or emotions of unsuccess arising out of the apprehension of not achieving the goal of study and fear of not finding himself/ herself able to compete with others.
- 1.2 Fear created in subconscious or feeling himself/herself weak in some particular subject and inferiority complex, and fear towards unsucess results in decreasing morale and ultimately it converts in depression.
- 1.3 Students are very soft hearted and sensitive therefore any adverse comment or scolding in respect of their work creates tension and guilty conscious is felt by them.
- 1.4 Rich families are providing more than sufficient facilities to their children on the other hand students from weaker sections are constrained to complete their studies in scarcity. Extreme facilities and extreme scarcity both circumstances obstructs physical and mental development of students which creates imbalance in their thoughts and as a result of it superiority or inferiority complex is created.
- 1.5 On account of unable to value their own capacities, capacity to take any independent decision can not be developed in them. Thus, anxiety supported right/wrong, success/unsuccess creates complication. Thereby frustration and depression borns.

- 1.6 Ambitions of students to be successful in a quick manner without making required efforts, hard work and ability. Their emotions are hurt if success as desired is not achieved.
- 1.7 Negative thinking developed in present era of materialism is one of the reason therefore lack of boldness to encounter the problems exists. Inability to coordinate with the circumstances on account of less patience and tolerance leads to anger.
- 1.8 In the present era of information and communication revolution youth are addict of communicating devices. They are using internet indiscriminately and are involved in social media in the like manner. As a result of it they are unable to think about their future and hence they are aimless.
- 1.9 Failure in love affairs in educational institutions among students is also a reason of incidents like suicide.

2. FAMILY REASONS

Family is an important unit in our social structure. Children (students) are also affected by the disintegration of joint families and prevalence of concept of single family. Committee is underlining some reasons for which perversity of family background also inspires to the incidents like suicide.

- 2.1 Parents are not providing sufficient time to their children as both are working or busy otherwise. Distances are grown between parents and childrens. In lack of required affection and guidance, Children feel insecure and lose confidence.
- 2.2 Due to communication gap, between parents and children, children share their heart with others. In such cases it becomes highly probable that children are distracted. Sometimes it is not possible even to share their heart with others too and this situation converts into frustration and depression.
- 2.3 Some parents do not understand the proper requirement and needs of their children neither they try to fulfill them as a result of it children feel themselves neglected.
- 2.4 In single families children often feel aloneness. Due to this that their energy is not properly used so they feel suffocated.

- 2.5 So many times parents impose their own will on their children while choosing subjects for further studies irrespective of keeping in mind the capacity of children without consulting experts of the field. In such cases children feel pressure as no chance remains to them to express their own talent. Therefore they become frustrated.
- 2.6 Parents are not aware towards daily routines of their children. Disorganised daily routines ultimately affect the performance of the children and as a result of it they are unable to express their hundred percent capacity and feel frustrated.
- 2.7 Family background substantially affects mental status of children. Lack of coordination between parents and lack of brotherhood and disagreeable background of family inspires children to adopt tendency of living away from their family and this is also a powerful reason responsible for incidents like suicide as there remains much possibilities to be distracted.
- 2.8 If children are surrounded by such relatives, familiar or friends who are having negative thinking, it affects children also.
- 2.9 Unequal behaviour of parents among their children, in case of more than one children on the ground of poor performance in exam also leads inferiority complex. Giving more importance to the better performing child in comparison of less performing creates frustration and he suffers from inferiority complex.
- 2.10 Sending children away from home for studies against their own wish also develop home sickness but they feel unable to express it and returns to home so they fall in depression and aloneness.
- 2.11 Admission of children in small age blocks their physical and mental development. Imposition of parents wish to obtain highest marks in the examinations makes them confined only to achieve this goal. Tendency of parents to interrupt makes them fearful towards their studies.
- 2.12 Without telling them about right or wrong adopting the way to punish makes them revolting.
- 2.13 Sometimes parents compare their children with others and express them lower so also they are frustrated.
- 2.14 Sometimes parents require such of their own desires in the field of education to be achieved by their children which they could not achieved in their youth. So they also feel themselves tense to do so.

- 2.15 In this era of competition children are having pressure from all sides, whether it may be from parents/school or coaching. As they can not coordinate with these requirements so they become frustrated and thereby their capacity is decreased.
- 2.16 Parents, now a days are fulfilling their children's demand irrespective of examining them on merits or demerits, so the children become habitual and they are not ready even to listen 'no' from their parents. In case their demands are not fulfilled, inferiority complex is born in them.
- 2.17 Addiction makes the atmosphere of family of parents unhealthy. It makes adverse affect on children and thereby they gradually become habitual of bad habits.

3. EDUCATIONAL REASONS

Every parents have a dream about their children that they should be highly educated and able in all respects. Existing education system is only a big store of informations and has been confined upto its own interests thereby national and cultural development of students is being affected. Education has been commercialized people makes their highest efforts to get their children admitted in educational institutions of very good repute. In spite of this due to several factors like financial condition of family, lack of students interest/suitability and capacity this decision is not always favorable to them and unexpected/unpleasant situation arises. This committee has identified following educational reasons responsible for committing suicide by the students-

- 3.1 Impractical and bore atmosphere in educational institutions creates disinterest and students considers it as a imposed process.
- 3.2 Students feel uneasy while their requirements/problems are not being solved by the educational institutions by taking cognizance, so they become rebellious to system and thus feelings of being unsafe and frustration is born in them.
- 3.3 Teachers are unable to pay proper attention to all the students of class as there are a huge number of students in a class. Thereby genius and weak, both students' remains deprived from getting proper attention. As they do not receive any appreciation regarding their achievements nor proper guidance to remove weakness, so they feel neglected.

- 3.4 Target of merit/topper/high percentage and grade given by the Teachers/ Institutions to the students is also a reason of stress among them.
- 3.5 Rough behavior, Partiality or insulting weak children before others creates inferiority complex.
- 3.6 Educational institutions are not imparting ethical education on priority to the students neither they are inspired to be an ideal citizen in future. So the children are constrained to develop their mental status according to their company, family background and social environment. If it is in wrong way, certainly its bad effects shall reflect in them.
- 3.7 In the existing education system. Students are confined only upto obtaining good marks in examinations (remains continued for whole year) they don't have time to be involved in any other activities. On the other hand they are assigned such a huge quantity of homework for summer vacation that they are always engaged to complete it like a machine. So their basic qualities are ruined.
- 3.8 Private institutions/coaching institutions are taking not only excessive and uncontrolled fees but also they demands money frequently in different heads therefore parents feel pressure which transfers to their children also. This makes them guilty conscious. It creates frustration if they are not selected in exam.
- 3.9 There is no provision of counseling at school level, so the students opt their subjects at their own irrespective of interest towards higher/vocational education and aptitude. They follow others, but later they accept their mistake which leads them to depression

4. SOCIAL REASONS

Existing norms of incidents occurring in society, changing social environment, evil customs, traditions, values and social prestige deeply affects a person specially youth and teenagers. Committee considers that the students are being affected deeply by the collapse of moral values, enhancing tendency of materialism, considering money and power as a symbol of social status, fictive modernism and increasing effects of social media.

The committee has identified following social factors responsible for increasing tendency of suicide among students:-

- 4.1 So called modernism and pomposity is rapidly increasing in our society these days. Sometimes students adopt immoral steps to fulfill their requirements for fictive modernism at any cost for which rival spirit invite them. This exercise creates stress and frustration.
- 4.2 In present social environment, Power, rights and money have become the only norms of prestige and honour. Students want to achieve these said things at any cost and any how irrespective of morality or immorality, following this path they become distracted and feel adrift to achieve their goal.
- 4.3 Students are not getting to expose their talent as social public functions, conventions and activities are not being organised in sufficient number and thus they accept the studies and examinations the only aim of their life. Consequently the spirit of social co-existence could not develop and they feel aloneness.
- 4.4 In case of receiving no recognition from society on account of increasing unemployment, poverty, lack of chances and not getting employment according to their interest and capability makes them frustrated and they fall in inferiority complex.
- 4.5 Fear of defamation and not accepting by the society arising out of molestation to girls, sexual offences and many other unlawful/immoral acts also becomes a reason of committing suicide.

5. OFFICIAL / POLICY RELATED REASONS

The committee considers existing education system as materialistic and extremely competitive up to the extent of cruelty. Value based education has been decreased. Words “Morale-immoral” are being irrelevant gradually and have been confined upto the words only. The committee has identified the following reasons which it considers responsible for taking the irreversible steps of suicide by the students :-

- 5.1 Existing education system has become competitive only having no culture and values. It is limited up to excellent performance by the students in examinations. Thorough development of students is not possible in such system and their aim remains up to obtaining marks in examination only.
- 5.2 Consequent to the policy of General promotion up to 8th class or in other words not to declare any student fail, obstructs the thorough development of students and interest towards learnings as they becomes careless and in apprehension of appearing in examinations in future they fall in depression.
- 5.3 Students are not confident about their own valuation as Board examinations are not there at the primary and middle level and they are afraid of Higher Board Examination. Therefore their performance is affected and not being assured about result they get their mental balance disturbed.
- 5.4 Students are having extreme burden of syllabus. Sometimes such a unnecessary syllabus is imposed on them which is not at all useful for their career, personality development or practical life. They are not only over burdened but are getting no chance to participate in any other activities also due to heavy busyness.
- 5.5 Education system is not healthy competitive nor it is self employment oriented as it is impractical. Therefore inspite of passing examination and obtaining degree, youth are not trained / educated to earn their livelihood and they thinks their future in dark and falls in depression.
- 5.6 Teachers are not concentrated / dedicated to teaching on account of lack of resources, staff and their involvement in extracurricular activities in the educational institutions. Priority of teachers remains upto implement different attractive Government Schemes not to teach consequently they try to complete their course anyhow without having any interest in thorough development of students and their aim remains only the result of examination.

- 5.7 In educational institutions teachers are appointed on adhoc basis, contract basis or as guest teachers such teachers have no emotional attachment with institution or students and therefore students feel neglected.
- 5.8 No programmes are organised there in the institutions to develop the capacity of students to take decision in the difficult circumstances, therefore in the event of occurring such conditions they take decision with immature skill and need not to say that sometime adverse results are received.
- 5.9 Irrespective of utility and opportunities of employment in future, educational institutions are being established in a large number and admissions are being given in vocational courses at large scale on the other hand looking to the limited seats and less and less chances of employment they feel their future in dark and becomes demoralized. (For post of peon, candidates having B.E. /MBA degree may explain brilliantly the situation)
- 5.10 Value based education is almost vanished. Moral and mental development and self confidence through education have become the past. Different functions being organized in the institutions specially in Government institutions but their recognition is left only as Government function and they are supposed to be organized to please the higher officials.
- 5.11 Privatization of education has facilitated some institutions to award vocational degree/certificate with higher grades irrespective of keeping in mind the quality of education/training such students, in spite of being degree holder face inconvenient when they reach to the actual floor of practical life as they do not have required capability/competence and suitability and they becomes victim of frustration.
- 5.12 On the basis of population, India is a country having foremost youth power but at no level their capacity is utilized and there is no vision or well defined programme through this youth power. In such situation non channelization of youth energy provoke them and they fall in depression.

6 FINANCIAL REASONS

Existing education system is very much costly. This financial burden is always kept in mind of the student in addition to the burden of syllabus, if they do not get requisite success they proceed to take steps like committing suicide. The committee has held responsible the following financial reasons which enhance the said tendency,-

- 6.1 In spite of weak financial conditions parents get their children admitted in the costly schools while a plenty of students are from rich families in such schools. This financial imbalance reflects badly on students from middle class families and inferiority complex born in them.
- 6.2 Teachers, frustrated on account of unsatisfactory salary and facilities simply perform their duties as formality and are always engaged in searching better chances. They remain unable to prove themselves as in "GURU", "GUIDE" and benevolent of the students specially the education being imparted in the private institutions is very much costly whether it is technical or college education : students or parents take education loan from Banks to meet their requirements. They feel themselves helpless in repaying the said loan in case they are not having any job or employment. So they are frustrated.
- 6.3 A number of private institutions are charging heavy fees for admission in their institution claiming one hundred percent placement but after completion of their courses the placement provided is either for a very short period or they are so underpaying that they cannot meet their requirements including repayment of Bank loan. In such condition they feel helpless and are frustrated.

SUGGESTIONS TO PREVENT SUICIDES

SUGGESTIONS TO PREVENT SUICIDES

Incidents of suicides committed by the students are not the incidents committed passionately. In the present era of materialism so many factors like family reasons, social reasons, educational reasons, financial and individual reasons can be held responsible for causing depression among students. If the family, friends or the educational institutions are not careful to the student so depressed it becomes more severe and as result of it incidents like suicides takes place. Ordinarily severely depressed student makes some “suicide warning sign”, if proper attention is paid to his conversation, behavior and mood so we can find indications about the incident which is going to be done by the student.

We can categorised them as follows-

General Conversation-

He generally use in his conversation the phrases like “I am a burden on family and on the world”, “I am alone and helpless”, “There seems no way to me these days”, “I have no aim to live”, “Nobody like me” and “I did nothing in my life” etc.

General behavior-

He isolates himself from family/friends gradually he starts to take alcohol and drugs which increases day by day he searches methods of suicide and watches TV, he can not sleep or becomes insomniac etc.

Inspirational suggestions to students-

The committee appeal and expects to the students that don't be afraid of unsuccess as:- ***If your heart looses in any situation, them your loss is fix. But if you determined to win by heart then you triumph is fix.***

There are so many examples which shows that the persons have been unexpectedly successful after initial unsuccess for example Former President of India Dr. Abdul Kalam was also unsuccessful in Pilot's interview and thereafter his success is well known to the world. Sachin Tendulkar was also failed in 8th class. Bill gates could not completed his education and the famous actor Amitabh Bachchan was not selected in All India Radio due to his heavy voice. These are some examples which prove that in spite of initial unsuccess extreme success can be achieved. We should inspired and feel that life is invaluable and we can make it successful with our will power and best efforts.

The committee is submitting the following suggestions to the students with the hope that by adopting them they may be successful in their life and may achieve the goal of their life :-

- Recognize own capacity.
- Develop self confidence.
- Make efforts 100 percent.
- Don't be afraid of unsuccess.
- Learn to distinguish between self confidence and over self confidence.
- Keep strong will power.
- Be positive.
- Avoid to make excuses.
- Live currently.
- Fix the routine.
- Include yoga, Exercise, Entertainment ect. In routine.
- Take lesson from own your mistakes.
- Time out for themselves.
- Do not lose hope.
- Be emotional towards family.
- Participate in other activities according to own interest.
- Fix your own object for education.
- Prepare your self for employment and self-employment.
- Make your studies joyful.
- Prepare short notes.
- Make preparation for examination from the beginning.

1. Suggestions to education system/educational institutions/ departments.

After having deep and over all consideration on the reasons of tendency of committing suicide, the committee has reached to the conclusion that greater liability to prevent such incidents is on the educational institutions and on concerning departments at the Government level. They have to adopt some remedial and reformative steps also.

Dr. Sarvepalli Radhakrishnan said – “The end product of education should be a free creative man, who can battle against historical circumstances adversities of nature.” In this connection the committee recommends following suggestions :-

- 1.1 Topmost priority should be given to education.
- 1.2 School education, higher education and Technical education are functioning as separate pockets and they are having no link with each other. It is needful to establish trend and continuity between them.
- 1.3 Environment of educational institutions should be interesting and live.
- 1.4 Counselling should be must at both level that is school education and higher education level for examining the ability, interest and aptitude of the student and proper subjects and syllabus should be decided to be taken on the said ground. In this exercise parent's participation should be ensured.
- 1.5 Syllabus should be decided in a manner so that it is inspiring to enterprising instead of employment as a servant.
- 1.6 System of not taking examination upto 8th class can only be said successful and appropriate when quality of education imparted and education taken by students is so perfect in nature that need of its valuation may not be felt.
- 1.7 It is mentionable that abolishment of examination system upto 8th class is obstructive in development of student as it does not contain any provision for examining academic level of student before promoting to higher class and it affects his interest to learn. Therefore a “Stress free examination system” is required to be established”. It is also necessary in view to develop power of self valuation in child.

- 1.8 Teachers should not be assigned any other non-teaching work except teaching and related academic sports activities as it converts teachers attention in to implementation of other schemes and they cannot concentrate on their basic job of teaching. Therefore for implementation of different Government schemes like opening of Bank account, making ADHAR CARD, Scholarship distribution, Birth certificate, travelling amount, cycle-mobile phone distribution and for having allowance etc a separate section should be established. For example said works may be performed in a better way by a non teaching officer or a clerk rather than highly paid professors. If such arrangements are made the professors may concentrate themselves on teaching and research work more efficiently.
- 1.9 State education policy should be revised according to Indian environment after following a wide study of world education policy.
- 1.10 Teacher-student ratio in institutions should be increased. One tutor guardian should be as appointed for each group of students (maximum 30 students) as exists in Government colleges of the State who shall obviate all the academic/individual and institutional problem thereof.
- 1.11 Male and female counselor should be appointed in every school/college/coaching institutions and sessions should be held for students specially before examination. A 24x7 support system and helpline must be there and their mobile no. should be publicised widely.
- 1.12 Teacher-Parents association should be made more strengthened and active.
- 1.13 To reduce the burden of student it is necessary to abolish unnecessary syllabus should be removed hours of study should be reduced. Excessive home assignment should be avoided to be given. So that student may not be engaged in home assignment all times and be able to interact with other members of family.
- 1.14 Extracurricular activities should be increased. It should be made mandatory to participate in sports, NCC, NSS and adventure camps. Students should be assured that in case their attendance remains short due to these activities, they shall be provided with special teaching classes.
- 1.15 “Yoga” is the best medium for a balanced development of personality. Therefor “Yoga” and “meditation” must be made compulsory.

- 1.16 Students should be made aware of achievements of great personalities and wise persons with stories of their heroism of arranging lecture/workshops for it in educational institutions.
- 1.17 Inspirational quotations should be exhibited on the different places in the institution.
- 1.18 In addition to the marks obtained in examination separate marks should be reserved for the achievements in extracurricular activities evaluated and awarded accordingly. A list of awarded students should also be exhibited in the institution.
- 1.19 Claims being made by the private institutions about quality education and placement should be examined and get confirmed so that proper guidance may be provided to students in respect of employment/ self employment.
- 1.20 In addition to academic training, teacher should also be provided regular/practical training of student's psychology.
- 1.21 Vocational courses being conducted under self financing scheme by the different Government institutions should be conducted at Government level.
- 1.22 Appropriate interval in between two question paper (during examination) should be given to students to make them stress free.
- 1.23 Arrangement of complaint box in the educational institution/hostels should be made more strengthened and effective.
- 1.24 Private coaching institutions should be regulated. For this purpose well defined guidelines should be made in which infrastructure, teacher student ratio and regulations of fees shall be included. Students should be provided psychological consultancy.
- 1.25 Easy exit should be ensured in the private school/colleges (code of conduct)/coaching institution/ so that student leaving that institute may get their documents and balance amount of fees returned forthwith. A law should be made in this respect to regulate coaching institutes.
- 1.26 It is needful to make regulatory institution like NCERT, AICTE more effective in order to ensure requisite quality. A committee at the district level may also be constituted under the Chairmanship of the collector including administration of institution, students, parents and intellectuals.
- 1.27 As far as it is practicable, pattern of academic and competitive examinations should be identical.
- 1.28 Teachers are temporarily appointed in the educational institution as guest faculty so they could not establish any affection neither with institution nor the students obviously quality of education being imparted cannot be expected of required standard. Therefore appointments should be made only to perform teaching work or only such other work, which may be relevant to teaching.

2. SUGGESTIONS TO SOCIETY

With the changing time, society has evidenced many changes in different fields of society. Society as well as the students should convert themselves to be compatible to these changes. Society leaves a deep effect on a person specially on youth. Responsibility of the society to properly guide the future generation.

The committee is giving the following suggestions to be performed by the society in order to prevent the tendency of committing suicide by the students :-

- 2.1 Senior citizen of the society must be given proper importance. Efforts should be made in such manner so that the experience, knowledge culture and values of the senior citizen may be transferred to new generation.
- 2.2 In order to make students self-confident, competent to proceed on the impossible path of life conveniently by recognising their own interest it is mandatory to restore teacher's honour in the society who delivers knowledge and his respectable place in the society be assured.
- 2.3 Workshops must be organised by the nongovernmental organizations/ Institutions from time to time for guardians specially for those couple who are likely to extend their family. Parents should be given knowledge by the experts about child psychology and parenting.
- 2.4 This concept must be widely publicized and established that the aim of their life should not be only to secure good marks in the examination however they should perform their best in the acts whatever the opt in an efficient manner.
- 2.5 Collective yoga and meditation on training programmes should be organised by the different social units to keep children stressfree.
- 2.6 Participation in social activities/functions, encouragement to perform social work by constituting groups with team spirit shall make them extrovert and shall helpful to keep them stress free.
- 2.7 Tendency of using psychotropic substances in the society has been rapidly increased. Therefore it should be prevented. Rehabilitation of an addict person is the duty of society. Family of such addict should be provided every help to get rid of such addiction instead of giving any social punishment to him. Efforts should be made in a manner so that other children may not be affected.
- 2.8 We should proceed to establish such a society in which prestige and social status of a person is evaluated in the light of success earned by skill and hard work rather than power and financial status.

3. SUGGESTIONS FOR THE FAMILY

A family happens to be the primary centre of education of a child. Child learns all the morale education and culture from here. Now a days the concept of single family is increasing day by day and thereby communication gap is also being established between parents. Its effects reflect on child and he feels neglected.

The committee, after having detailed discussions suggests the following measures so that the children may be prevented from taking such steps like suicide-

- 3.1 Parenting to the child should be provided in such manner so they may prove them selves a perfect guardian in future.
- 3.2 Every couple should be provided counseling before birth of their child so that they may be aware of giving good culture to child from beginning and may guide in the sensitive moments of his development.
- 3.3 Parents/guardian should not impose their own ambitions on the child to be fulfilled by them just for their own satisfaction neither they should try their own dreams to be fulfilled by them.
- 3.4 Parents should consult experts to find out ability, interest, aptitude and ambitions of their child. They should avoid such stream to be taken in which possibilities are exists in their opinion but their child is not interested.
- 3.5 Joint families should be escaped. They should not be broken. Elderly members of the family should be given sufficient place and importance as they play vital role in making children well cultured. Many times children share their views with them.
- 3.6 Parents should provide sufficient time to their children in single family as well as they should decide their routine also.
- 3.7 Children should be inspired not only to do their work at their own but also to help in domestic business. It increases their self confidence.
- 3.8 They should be appreciated for their good work but in the event any mistake is caused by them, they should not be penalised but should be made aware of such work and motivated not to repeat it.
- 3.9 Good habits like to go to on bed, to awake, taking meals, sports (games), study etc., doing on time by fixing time table and very limited use of internet.

- 3.10 It is mandatory to parents to be well disciplined. If they want their child to be disciplined and cultured as the mother is the first teacher and father is “Role-Model” for child.
- 3.11 It is also the responsibility of parents to make them aware about right and wrong things and inspire them to keep away themselves from wrong acts. (Parents themselves should present an example)
- 3.12 Parents should create confidence in their children in such a way that it with parents first on arising any difficulty they share it with parents first.
- 3.13 Parents should keep confidence on children. They should avoid to compare them with others and no taunting be made towards them. Every member of family should keep positive thinking and good behaviour with children.
- 3.14 Expectations of parents should be according to the capacity and ability of children. They should be inspired to do their best and should be ready to accept results whatever it is.
- 3.15 Pressure should not be made on Children in order to secure good position in examination neither impractical time limit for learnings should be imposed thereon.
- 3.16 In addition to inspire them to participate in family and social activities they should be fostered to do physical labor.
- 3.17 Children should not only be kept limited upto their studies only but they should be inspired to take part in sports specially for “Yoga”
- 3.18 Children should not be punished for not performing well in examination or on being failed however they should be told to make more strong preparation for future. Some other options may also be considered.
- 3.19 Keep constant watch on the children if any change in his behavior or routine specially during examination is noticed, parents should forthwith proceed to foster them and should consult psychiatrist or counselor if necessary.
- 3.20 Parents should not give preference to package only. Favorable service conditions and routine is also important so that work pressure and irregular routine may not cause stress. Children should be taught that it is better to be a employer not the employee.

- 3.21 Parents as well as children should know that it is not the carrier only to be a Doctor, Engineer or on IAS or IPS many other options are available to opt. As per the interest and ability of the student options according to plan "A", plan "B" or plan "C" may be chosen.
- 3.22 If children are studying away from home than parents should be in their living contact and communication should continued. So far as it is possible some local guardian of children should also be there, so in any emergency they may contact him and get problems solved. In this way feeling of being unsafe and aloneness shall not occur.
- 3.23 As far as may be practicable, all members of family should take dinner together with and share with each other the whole day functions certainly. Children shall follow the same such practice reduces stress.
- 3.24 Parents should not make quashed before children. It increases the feeling of unsafety. Parents differences should not reflect on children's personality.
- 3.25 Parents should not use intoxicants or drugs in presence of their children otherwise they shall also follow them whenever they are frustrated.
- 3.26 Parents/guardian should avoid fulfilling all of their demands it leads to get them obstinate.
- 3.27 Children should be taught biography and stories of heroism of great personalities so that they may proceed to follow them. This exercise may be performed by the elder members of the family. This is easy in a joint family. Therefore efforts should be made to take advantage of knowledge and experience of senior person of society. They should be given proper importance.
- 3.28 Parents should keep all informations about friends of their children and their parents. They should be in touch with each other.
- 3.29 It is the need of present social life that parents should get rid of old customary ideas like caste, creed, community and religion and establish ideological coordination with full liberty with new generation.

4. SUGGESTION TO MEDIA

The present era is the era of communication revolution. As the information's are spreading in a fastest manner, its reaction also happens in the like manner. Undoubtedly media is such a powerful medium which has inherent powers to change the ideas and thinking. It plays a vital role and is recognized by the society as forth column of democracy. This Committee expects from persons involved in journalism and media not to publish incidents of suicides committed by the students prominently as others inspires to follow. Instead of this such incidents should be presented before society in a manner which is able to spread the message that committing suicides is a symbol of cowardliness, escapement and disfigurement. the Committee expects from media on the following points in order to reduce the incidents of suicides :-

- 4.1 Media should not publish such incidents on front page as thrilling news, it can be given short space in internal pages, if necessary.
- 4.2 It is required from media to publish positive information in interest of children to get their aim achieved and to provide them inspirational material for reading.
- 4.3 Media should make aware of children to the biography of great personalities achieving success after going through the struggle in order to develop their thinking to promote them.
- 4.4 Media should publish actual figures of options available during 10th or 12th class and thereafter so that the children may be acquainted by them and may decide to opt the right way.
- 4.5 Only successful students should not be emphasized by the media at the declaration of results or thereafter as it leads frustration towards weak students. Instead of this media should make efforts to introduce them with such personalities who were not initially successful but established themselves as extremely successful in their life by doing hard. Such information's shall help children to maintain their self confidence and shall not proceed to take any unpleasant step.

CONCLUSION

"People who die by suicide don't want to end their lives. They want to end their pain"

This is an extremely powerful formula in the knowledge base of psychology. Virtually persons committing suicide don't want to do so but as they are unable to accept the circumstances they want to go far away from them. Consequently irreversible incidents of suicides take place. After considering all the facts, data, documents and suggestions the Committee has reached to the conclusion that there are so many reasons responsible for such steps taken by the students. These reasons may be categorized in to family, social, financial, academic or educational and psychological reasons. These reasons themselves have other circumstances which lead such incidents to be happened.

Repeated occurrence of such incidents hurts and indicates that existing system certainly needs to be reformed as well as it is also expected from family, parents, guardians and society as a whole to change themselves in view to perform their liabilities towards fulfillment of requirements of their children according to the time which is changing fast. In respect of educational environment three dimensional pictures of education, teacher and student is also not clear and it is traditional on account of rapidly changing time life style and human values have also affected our culture and morality. Their devaluation can be seen in every field directly or indirectly. As a human being our sentiments such as passion, sensitivity, tolerance and courage have also been affected as they are being decreased. Hearts of children happens to be soft and clear and they can not tolerate pressure arising out of it and decides to take such step which proves itself painful to his family forever.

It would be relevant to quote here the ideas of Pandit Dindayal Upadhyay on the subject in the following words :-

“The family is the basic unit of the society. It is also the forebearer of the members of the society. Thus, it is obligatory on the part of the family to inculcate the sense of social responsibility in the progeny.”

“Ability to develop livelihood capabilities should not be the sole purpose of education. The core of any educational system should be to accomplish the inculcation of the humane qualities in the students.”

In this respect it is astonishing to know the data made available by the N.C.R.B. that in many states thousands students have committed suicides. A constant increase in number of suicide cases has been seen in the state of Madhya Pradesh.

Upon making a wide study, It has come to the notice that in comparison of male members, number of attempts made by female members is higher, but death rate is higher in male members. In comparison of private schools number of students committing suicide in Government schools is higher. It is noticed that during all the years a large number of students committing suicide were related from middle class families. Number of students coming from rural areas is higher in comparison of students from urban areas among the students committing suicide.

There are so many reasons responsible for repeated occurrence of these incidents. According to the N.C.R.B. 28 percent incidents have taken place on account of failure in examination. It is mentionable here that school education Department of Madhya Pradesh has initiated a Scheme known "Ruk Jana Nahin" Which is a pious effort in preventing the tendency of committing suicide on being failure in examination.

Love affairs in students are also a reason responsible for committing suicide. old members of the family do not accept anything against old customs and traditions done by the children and they feel inconvenient. Provided that one should get changed in nature and thinking from time to time in accordance with the fastely changing time. The world is mutable continuously therefore it becomes the duty of family members towards their children to be positive with a thinking of "simple living and high thinking" and they should inspire children to achieve high results

Communication gap is also proving it self a reason behind committing suicide parents are advised to keep regular communication with their children. Any attempts to commit suicide can be defeated if a better and true friend deals with it. Improper demands of children should not be fulfilled as they becomes adamant gradually in view of fulfillment of their improper demands.

In the light of following reasons, by identifying the behavior of students incidents of committing suicides may be prevented, namely:-

1. **Depression** - Students who are depressed clinically, generally have negative thinking towards himself, others and existing circumstances.

2. **Loneliness** - Whenever the student is confident about himself that his parents and relatives are not careful to him neither they have any meaning to alive or die for him he feels neglected due to this loneliness .
3. **Worthlessness** - Students considers himself worthless if he could not performed very well being under pressure of his parents.
4. **Feeling of hopelessness and helplessness** - Whenever student considers it that there is no value or utility of the work done by him and nobody wants to help him than despair overtakes him and he considers himself helpless.
5. **Drugs and alcohol** - Youth undervalue the seriousness of committing a suicide when they are intoxicated and carry out incidents like committing suicide.
6. **Feeling of overwhelmed** - Whenever youth has to face more than one problem together like failure in love, family problems, not fulfilling ambitions related to education/employment and breaking of relation than he becomes disturbed and try to commit suicide.
7. **Newness of environment** - When student is admitted to new school/college he finds a new environment there and if he feels himself unable to mold in new surroundings he turns to loneliness gradually. the admission of the student under R.T.E may be the major reason of committing suicide in future. So by anticipating the probable disparities that may arise out of it, provisions should be made to remove them.

Keeping in mind the aforesaid major reasons the Committee has mentioned suggestions to the families, students, colleges, autonomous institution, communication means and to the Government so that the incidents like suicide and attempt to commit such incidents may be prevented.

Rabindranath Tagore said- We have come to this world to accept it, not merely to know it. We may become powerful by knowledge, but we attain fullness by sympathy. The highest education is that which does not merely give us information but makes our life in harmony with all existence. But we find that this education of sympathy is not only systematically ignored in schools, but it is severely repressed. From our very childhood habits are formed and knowledge is imparted in such a manner that our life is weaned away from nature and our mind and the world are set in opposition from the beginning of our days. Thus the greatest of educations for which we came prepared is neglected, and we are made to lose our world to find a bagful of information instead. We rob the child of his earth to teach him geography, of language to teach him grammar. His hunger is for the Epic, but he is supplied with chronicles of facts and dates....Child-nature protests against such calamity with all its power of suffering, subdued at last into silence by punishment.

Kothari commission had submitted the Education Report to Government in 1966. In spite of lapse of a period of fifty years some of these recommendations of the commission are still relevant.

The Committee would like to take the opportunity to mention the report of Kothari commission in its findings.

- Work experience and social service should be included as an integral part of education.
- Morale education should be emphasized and emotion of responsibility should be included.
- Vocational education should be necessary at middle education level.
- Special training for teachers in schools should be emphasized.
- Priority should be given to Agriculture and allied sciences in the education.

It is not the responsibility of any one person or institution that the tragedies like aforesaid may not be repeated. The Committee, after considering over all facts and information's submitted to it, has reached to the conclusion that all parties are somewhere responsible therefore efforts to make reforms should be made at each level. Parents/guardian, family, society, friends, school, and teachers all should review their role in education system and mistakes caused inadvertently. Reasons that have come to the knowledge of the Committee are not so that they may not be removed individually or at the institution level. Suggestions that have been given to the Committee are important and incident like suicides may be prevented by giving proper attention on them.

After having discussed all the suggestions and remedies submitted to the Committee, the Committee has reached to following conclusions :-

1. Education and development human resources should be given top priority by the State Government.
2. Education policy of the State should be revised in the light of a national and global education policy.
3. Similarity should be established among the courses run by the school education, higher/technical education.
4. Syllabus should be determined in such manner so that it is inspiring to enterprising instead of getting employment as servant.
5. Syllabus should be practical and training oriented so that it may enhance the possibilities of employment to the student.
6. Compulsory promotion scheme prevailing up to 8th class should be closed. it should be substituted by "stress free examination system in each class".
7. Self valuation procedure should be established for children.
8. Board examination should be made compulsory up to 5th, 8th, 10th and 12th standards.
9. It should be made mandatory to check the ability, interest and aptitude of the each student by counseling before going to opt the subjects and determining the syllabus in school education and higher education.
10. Parents -Teachers association should be made more strengthened and active.
11. Teacher student ratio should be increased.
12. Teacher guardian scheme should be made more effective. one teacher guardian should be appointed for a maximum of 30 student who, so far as it is Practicable, shall be in charge of the students group during study period.

13. Syllabus should be revised. Specially unnecessary syllabus shall be removed at the primary and middle level and burden of bag should be reduced.
14. No home assignment should be assigned in primary Classes.
15. Regular appointment of male and female counsellor should be made in every School College and coaching institution 24x7support system and help line for student should be made available and it should be publicized too.
16. Extracurricular activities should be increased.
17. Yoga education-training must be made compulsory and regularized.
18. Inspirational quotations should be exhibited in the institutions.
19. Achievements of life of great personalities/successful personalities, their biography and struggle should be included in syllabus as special attention.
20. In addition to the marks obtained in examination, separate marks should be kept for extracurricular activities valuation of student should be made on the total marks earned in both and thereafter a merit list should be prepared, the student should be awarded accordingly. It shall inspire the students to participate in extracurricular activities which shall be helpful in overall development of the student as well as to keep him stress free.
21. It is not only compulsory to provide practical training of students psychology with human values to the teacher but in order to get students cultured deep training of teachers for their spiritual/ ideological upliftment . Help of Government/semi-Government/ non-Governmental organization may also be taken for getting understood the students about Swami Vivekanand, Mahatma Gandhi, Dr. RadhaKrishnan and Pt. Deendayal Upadhyay's ideas and values of life.
22. Claims of high quality education and placement should be examined by a high level committee so that such institution may not exploit student by confusing then making forged claims.
23. Adhoc/ contractual/ guest teacher should not be appointed in place of it new regular appointment may be made as they shall be affectionate to the institutions.
24. Teachers should be assigned teaching and its relevant works only.
25. Vocational courses being conducted under self financing scheme in the Government institutions should be conducted by Government.
26. Appropriate interval should be provided during examinations to keep students stress free.
27. Private coaching institutions should be regulated by the Government by framing well defined guide lines.

28. Arrangement should be made to provide proper training to newly married couple regarding parenting. It should be publicized widely to motivate people in large number. Recourse person and master trainer should be prepared for training at the Government and social level.
29. Value based education should be given priority in different courses.
30. Bad effects of using drugs should be publicized in effective manner in educational institutions and in every field of society.
31. A committee should be constituted at the district level under the Chairmanship of district collector consisting of senior citizens, Intellectuals, representatives of self help institutions, representatives of educational institutions and representatives of parents, which is required to inspire healthy competition to establish value based education by making appropriate atmosphere and on the other hand it should be able to solve the problems of students also.

The committee expects from all departments of the government that students must be imparted such education which is consisting of originality. **Gandhiji also said- “That the real education has to draw out the best from the boys and girls to be educated this can never be done by packing ill-assorted and unwanted information into the heads of the pupils it becomes a dead weight crushing all originality in them and turning them into mere automata.”** The committee also suggests that all department related to Home, School education, Higher education, Technical education and Medical education should send all the reasons and suggestions appears to be concerned with them to all Government and private schools, colleges, and other educational institutions, Collectors and Superintendents of Police and district education officers with the instructions that the implementation of them must be ensured. Concerning departments are also required to supervise the implementation of instructions.

The committee also required from media, administration and police administration to publish such negative news so carefully that it may not affect the mentality of the students. District administration should create such atmosphere by taking appropriate steps so that the students may be able to go to college and coaching institutes without any fear.

The Police department should investigate such incidents with more vigilance by exercising emotions so that their parents may not get hurt.

The committee expects to all concerning persons, parties and institutions that they shall make all possible efforts to prevent the incidents and to implement the suggestions made in this behalf.

Sd./-
(Smt. Archana Chitnis)
Chairman

अध्यापक महोदय,.....

मेरे बच्चे को पढ़ाना

“उसे दुःख में हँसना सिखाएँ
और बताएं कि आंसुओं में कोई शर्म की बात नहीं होती,
उसे सिखाना, तुनकमिजाजों को लताड़ना
और चाटुकारों से सावधान रहना।
उसे अपनी बुद्धि और बाहुबल से भरपूर कमाना सिखायें
परन्तु यह भी सिखायें कि
अपने हृदय और आत्मा की कीमत न लगायें।”

“अधीर होने का साहस भी उसमें उत्पन्न करना
और बहादुर होने का धैर्य भी।
उसे सिखाना कि वह सदैव,
अपने आप में उदात्त आस्था रखे
क्योंकि तभी वह मनुष्य जाति में
उदात्त आस्था रख पायेगा

मैंने अपने पत्र में बहुत कुछ लिखा है,
देखें इसमें से क्या करना संभव है।
वैसे मेरा बेटा, बहुत प्यारा
और अच्छा-बच्चा है।”

– अब्राहम लिंकन द्वारा अपने पुत्र के शिक्षक को लिखा पत्र

